

Don't Forget to Register for:

**Michigan Internal Medicine
 2009**

September 25-27, 2009

**Grand Traverse Resort
 Traverse City, Michigan**

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From the Governor's Corner



"It's a Changed ACP"

The ACP is still strongly committed to high quality educational programs and products, but THE top priority item for its leaders right now is advocating for the interests of practicing internists in the context of health care reform. Because of its strong commitment to evidence and its focus on patient welfare, the ACP is being invited to the table: in April, the ACP was one of only two physician groups invited to a health care workshop that included several non-physician and business stakeholders, held by the Senate Finance Committee. The ACP has been working closely with **Representative Allyson Schwartz** of Pennsylvania who has drafted the "Preserving Patient Access to Primary Care Act", and with **Senators Baucus** and **Kennedy** who each have introduced health care reform bills on the Senate side of Congress. The ACP's top priorities for Leadership Day were ensuring that all Americans will have access to affordable coverage, pilot testing new Medicare payment models that realign incentives to support effective, efficient, patient centered, coordinated care, improving Medicare fee for service system payments to make primary care competitive with other specialties, and establishing a national workforce policy to ensure sufficient numbers of primary care and other physicians.

Since Leadership Day, three more position papers are working their way through the ACP staff and governance structure, each designed to provide more detail to the many elements that true health care reform must include. One of these deals with mandates, another with limiting the tax exclusion of employer-sponsored coverage, and a third with provision of a public plan option. In my view the ACP is trying to emphasize key principles that need to become legs on a many-legged stool and is steering clear of endorsing a specific payment option. Many of these principles attempt to address the elements of a broken health care system so beautifully outlined in the recent New Yorker article by **Atul Gawande** ("The Cost Conundrum", June 1, 2009). The ACP's positions are very accessible on its web site as well as through its new blog, The ACP Advocate Blog by **Bob Doherty**.

Lately I have become involved in some of the emerging public discussions occurring in my community about health care reform and I have been struck by how much education is needed in order for the public to clarify their views on the emerging options and knowledgeably exercise their roles as citizens. We internists have understanding of some of the basic principles that is sorely needed. I urge you to become familiar with

the elements of this debate and to participate: give talks, write op-ed pieces, get yourself on radio and TV, participate in community discussions. This may be a once-in-a-lifetime opportunity to make a difference: for our patients and for our profession.

At our upcoming meeting in Traverse City on September 25-27 we will have further reports from Washington and the opportunity to talk with each other about the emerging picture of health care reform. I hope to see you there!

Sincerely,

Ruth

Another Great Michigan Internal Medicine Meeting Shaping up for September 25-27, 2009

In keeping with the rotational system we have developed, Michigan Internal Medicine '09 will take place in Acme, Michigan near Traverse City at the Grand Traverse Resort on September 25-27. Given the 'up north' location, we will have a reception and awards ceremony for Saturday evening and sessions on Sunday morning. **Scott Kaatz** and **Anna Lukowski**, our Program Co-Chairs, have organized a 'something for everyone' program that looks sparkling. Included will be another two Self Evaluation Process (SEP) modules, CME offerings in the form of clinical Updates and keynote lectures, diagnostic challenges in Professors-in-Action and Thieves' Market, research and case report presentations by residents, and a special student program. We'll have workshops on practice transformation, physician-pharma interactions, cultural competence, the patient-centered medical home. The Traverse City area should be in full display of fall color by this time with many recreational opportunities available. See our web site for details and registration information: www.acpmichigan.org

Carl Lauter, MD, FACP Installed as Governor-Elect for MI ACP



In late 2008 **Carl Lauter** was elected as the next Governor of the Michigan Chapter of ACP. He officially became Governor-Elect at Internal Medicine '09 in Philadelphia where he participated in the Board of Governors meeting along with **Ruth Hoppe**. He will become Governor in April 2010.

Carl Lauter grew up in Detroit and received his education at Wayne State University, graduating in 1965, where he was elected to the Alpha Omega Alpha. **Dr. Lauter** completed a rotating internship at Henry Ford Hospital (HFH) followed by his second year of internal medicine residency at Detroit General Hospital. He served in the U.S. Air Force from 1967 to 1969 and was assigned to the Chanute Air Force Base Hospital in Illinois. He completed his internal medicine residency at the Hospital of the University of Pennsylvania in Philadelphia in 1970.

Dr. Lauter was an NIH Fellow in Infectious Diseases at Wayne 1970 to 1973 after which he joined the full-time faculty as an Assistant Professor of Medicine. He was the first Chief of Infectious Diseases at the Grace Hospitals and was co-Program Director of its Internal Medicine Residency Program between 1973 and 1977. From 1977-1979, he was Assistant Program Director of the WSU Internal Medicine Residency and later became Chief of Infectious Diseases at Harper-Grace Hospitals. In 1979, while on leave-of-absence from WSU, **Dr. Lauter** completed an Allergy-Immunology Fellowship at HFH.

In 1980 he joined the staff of William Beaumont Hospital in Royal Oak, as vice-Chief, Department of Medical Services and Associate Program Director of the Internal Medicine Residency Program. In 1982, **Dr. Lauter** became Chief of Medical Services and Internal Medicine Residency Program Director, positions he held until 1992. From 1982 through 1986 he was also the Director of the Division of Infectious Diseases. In 1992, **Dr. Lauter** became the Director of the Allergy & Clinical Immunology Division in the Department of Internal Medicine. He was appointed a Clinical Professor of Medicine at WSU in 1996.

Dr. Lauter has received teaching awards from HFH, WSU and Beaumont. In 2001, he was chosen Laureate of the Michigan chapter of the American College of Physicians. One month later, **Dr. Lauter** was awarded the Lifetime Achievement Award by the Michigan Chapter of the Asthma and Allergy Foundation of America. In 2007, he was selected as a Distinguished Alumnus of the WSU School of Medicine. He is regularly recognized on the Top Docs list in both Infectious Diseases and Allergy and Clinical Immunology. Locally, **Dr. Lauter** has served as President of the Michigan Allergy and Asthma Society from 1990 to 1991, President of WSU School of Medicine Alumni Association Board of Governors from 1999-2000 and was President of the Michigan Infectious Diseases Society 2006 – 2008. He has previously served as a counsel member of the Michigan ACP and Secretary-Treasurer of the WSU Chapter of Alpha Omega Alpha.

Leadership Day in Washington Felt Different

On May 19-20 the Michigan Chapter of the ACP sent a robust delegation to the ACP's Leadership Day. Our Chapter's participants that included one student from each of the state's medical schools and one resident (all sponsored by the Chapter), four practitioners and our ACP Governor. With health care reform strongly in the air, all of our participants felt a special responsibility to push members of Congress to fix our broken health care system. **Sadie Bush, Ruth Hoppe, Dileep Kumar, Joanna Lee, Joyce Leon, Brittany Schafer, Thien Van, Elizabeth Warner, Joseph Weiss and Eunice Yu** listened to **Bob Doherty** of the ACP's Washington office and other speakers describe the ACP's involvement in the emerging debates about health care reform. The theme of the day was, "primary Care – the best medicine for better health and lower costs".



Later, our group then went up 'on the hill' to bring the key messages to the Michigan senators and representatives: need for payment and delivery reform, need for a system of primary care and a revitalized primary care work force, need for improved and affordable access to health care for all. The students were particularly effective in bringing the message about challenges to recruiting generalist physicians. Comments of participants:

"It was a wonderful experience to be able to be amongst fellow physicians and colleagues at such a critical yet challenging time for MEDICINE as a whole. The Leadership Conference really motivates me to be that much more energetic to fight for our patients!"

"As a first-year medical student, I learned so much about medicine, politics, and advocacy at Leadership Day. I have a sense of urgency about health care in this country that I didn't have before."

"The passion and motivation that surrounded the ACP Leadership Day was contagious! Not only did I learn about the necessity to reform our health care system now, but I was inspired to help out. This was the first time that I truly felt that I could make a difference in my profession."

"I learned valuable lessons about effectively advocating for changes in health policy, and I was inspired by the many students, residents, and physicians I met who are passionate about primary care. I hope to remain involved in the ACP and participate in many future Leadership Day events."

"I thought it was a wonderful opportunity to appreciate the knowledge and dedication of the ACP's Washington office."

"The ACP's proposals to increase access to health care and support the patient centered medical home could be the saving graces for primary care."

Thank You Sinai-Grace Residency Program!

On Friday, May 8, the annual Michigan ACP Associates' Day was held in Sterling Heights, Michigan under the sponsorship and planning efforts of the Sinai-Grace program. It was an active day involving 181 abstract presentations in the form of posters and oral presentations. Sixteen programs were represented with scholarly work, with Wayne State-Detroit Medical Center leading the way with the most abstracts at 19 posters and 5 oral presentations.

2009 Associates' Meeting Competition Winners

Oral Case Reports

1st Place **Dinesh Kannabhiran**, St. Joseph Mercy, Ann Arbor

2nd Place **Dustin Feldman**, Providence Hospital

3rd Place **Rahul Karamchandani**, St. Joseph Mercy, Ann Arbor

Oral Research

1st Place **Srujana Chakilam**, St. John Hospital

2nd Place **Saad Sirop**, McLaren Hospital

3rd Place **Abiola Dele-Michael**, University of Michigan

Oral CQI/EBM

Winner **Jiwanjo Chhatwal**, Providence Hospital

Poster Case Report

1st Place **Christine Lopez**, William Beaumont Hospital

2nd Place **Ashish Bhargava**, Wayne State, DMC

3rd Place **Danielle Runyan**, Providence Hospital

Poster Research

Winner **Sachin Kumar**, Wayne State – DMC

Poster CQI/EMB

Winner **Kristina Alaun**, Providence Hospital

The program for the day included a noontime talk by **Governor-Elect Carl Lauter, MD, FACP** who reflected on his time as a resident during the riots in Detroit in 1969. Fourteen programs competed in the annual Jeopardy contest ably led by **Dileep Kumar, MD, FACP**, and help from **Geetha Krishnamoorthy, MD**, with five emerging as finalists who will face off at the MI Internal Medicine meeting in Traverse City in September. The finalists include teams from Henry Ford, MSU Hurley Flint, MSU E. Lansing, Sinai-Grace, DMC and WSU-DMC.

Mimi Imig, MD, FACP delivered a spirited Thieves' Market Program. **Dr. Siva Talluri** correctly diagnosed a case of scurvy, **Dr. Mohammad Zaidan** came up with Addison's disease presenting with pericarditis, and **Dr. Palaniappan Manickam** alertly spotted a case of Kartagener's syndrome.

Thanks especially to **Mohammed Siddique, Raj Munisinghe**, Chief Residents **Raylene Patel, Adriss Faraj**, and **Akintayo Sokunbi** and program assistants **Robin Pastorious** and **Denise Ditty**. Next year's Associates' Day will be sponsored by the St. Joseph's program in Pontiac in early May.

New Members Wanted!

The ACP stays a vibrant organization through its membership which is hopefully large (in terms of percentage of all internists), active and committed to the values of the organization. Clearly, our dues not only support the wonderful educational products of the ACP, but also its highly-regarded advocacy work.

Of the 7905 internists in Michigan, 45% are members of the ACP; placing us about in the middle in comparison to other states (our actual rank is 26th). So, there are a lot of potential members out there! Do you know of young physicians, physicians new to your area, osteopathic internists whom you might recruit to the ACP and our Chapter? The benefits of membership are many: valued educational publications (Annals, MKSAP), top notch CME programs, programs qualifying for MOC points, practice improvement tools, and impressive advocacy for internists in Washington, DC. Encourage your colleagues to become part of the largest specialty organization in the U.S. – over 126,000 members strong.

The ACP is currently running a “*Recruit a Colleague*” program wherein each successful recruitment, up to three in number, can lead to personal dues reductions for the recruiting internist. The application form can be downloaded (www.acponline.org) and the recruiter’s name should be entered onto the application. Please give this some serious thought and email us with your ideas: hoppe@msu.edu

New Michigan Fellows Join the College

Fellowship in the College is an honor. It is a mark of esteem from colleagues who recognize accomplishments over and above the practice of medicine. The most important considerations for Fellowship are excellence and contributions made to both medicine and to the broader community in which the internist lives and practices. This year thirty-one Michigan internists were awarded fellowship and can now append FACP to their names. Our new Fellows are:

Mira Agrawal

Keither Bellovich

David Cooke

Jami Foreback

David Hudgel

Mark Loehrke

Vrasha Moudgal

Nicole Rocco

Abbas Sharif

Jerry Yee

Edward Zoratti

Eric Ayers

Archit Bhatt

Joseph D’Ambrosio

Phillip Goldmeier

Michael Kraut

Michael Lukela

Monica Nicola

Renato Roxos

Abraham Thomas

Ahmad Zeibo

Michael Barnes

Laura Carravallah

Iman Fakh-Elmenini

Iriana Hammel

Lawrence Lackey

Jeffrey Meyers

Adesuwa Olomu

Mohammad Salameh

Peter Watson

Jonathan Zimmerman

Fourteen of the new Fellows participated in the 2009 ACP Convocation in Washington, DC as part of Internal Medicine '09 and were toasted at the Michigan Chapter reception (pictured below).



Elections for New District Representatives to the Governor's Advisory Council Coming Up

Each summer the membership elects a third of its District Representatives to the Governor's Council, each of whom serves for three years. The Council has a minimum number of positions from each geographic district in Michigan prescribed by by-laws, but we try to increase that number in order to have balanced representation from educational and practitioner groups. If you are interested in running for a District Representative to the Governor's Advisory Council, contact **Marty Muth** at muthm@msu.edu or **Ruth Hoppe**, Governor, at hoppe@msu.edu

New Tool Offered by ACP

In the Clinic slide sets are an educational tool to accompany Annals of Internal Medicine's In the Clinic feature. In the Clinic provides practical, evidence-based overviews of common clinical conditions. It also offers evidence-based answers to frequently asked questions about screening, prevention, diagnosis, therapy, and patient education and provides physicians with tools to improve the quality of care.

Each slide set contains about 25 slides that summarize the content of the related In the Clinic issue. Readers can use the slide sets for personal education or to facilitate teaching clinical topics to others. The slide set can be used in an upcoming presentation, as presented or customized by integrating personal slides to expand or contract your presentation as warranted. Use of In the Clinic slides will provide you with a valuable time-saving tool for use whenever or wherever needed.

Slide sets will be free to ACP members and in the near future will also be available to paid individual subscribers. Slides will soon be available for the following topics: Smoking Cessation, Type 2 Diabetes, Peripheral Arterial Disease, Insomnia, Low Back Pain. In the Clinic slide sets can be viewed from annals.org (www.annals.org/annalsslidesets/).

MI ACP Endorses Patient Centered Medical Home

The Governor's Advisory Council for the MI Chapter of the ACP has officially endorsed the Michigan definition of the Patient Centered Medical Home (PCMH). Continuing at the forefront of the practice transformation effort, the Chapter has provided leadership in both crafting of the MI definition (based largely on the document authored by the ACP Nationally with AAFP, the AAP, and AOA) and the metrics which will be utilized in recognition of the PCMH in Michigan. Creation of both the definition and metrics set is a collaborative effort of professional associations, payers, plans, purchasers, the MI Department of Community Health, and other stakeholders. It is anticipated that the principles of the PCMH as well as the metrics will evolve over time as experience is gained with practice transformation and delivery of patient-centered care. This work will provide the basis for changes in the physician payment system as well.

Meet Your Colleagues



Scott Kaatz, DO, FACP:

Scott attended Michigan State University for both undergraduate and medical school. After finishing residency at Henry Ford Hospital, he went into private practice in Grayling, MI where he practiced for two years and then rejoined Henry Ford Hospital where he currently practices. **Scott's** primary professional love is teaching, and he is an Associate Program Director for the internal medicine residency program. He recently completed a masters degree in Evidence Based Health Care at Oxford University. Research interests include thromboembolism and anticoagulation and he founded, and is the medical director of the Anticoagulation Clinics for Henry Ford Health System.

Scott grew up in a small "one stop light" town in the thumb of Michigan above the family business, which was a funeral home. In those days, it was not uncommon for the funeral director to also provide ambulance service (and we think pharmaceutical pens pose a conflict of interest!). " *We would convert the hearse into an ambulance by attaching red lights to the roof.*" When Michigan law started mandating EMS training for ambulance attendants, **Scott** was in the first class of EMTs of the town's volunteer ambulance service. **Scott** met his wife at MSU and their son **Christopher** is a junior at MSU and plays in the marching band (Scott's "excuse" for season football tickets). Their daughter **Beth** will attend MSU this fall. A very 'green' family!



Cheryl Farmer, MD

Cheryl began her career as an elementary art teacher. She then obtained an MPH at the University of Michigan School of Public Health in air pollution control, followed by medical school at Michigan State and residency in internal medicine in the Ann Arbor, St. Joseph Mercy Hospital system. As a member of the National Health Service Corps, she started practice in Cincinnati's public health system and then returned to Ann Arbor where she started practice in a small group linked to St. Joe's.

Cheryl has been active in organized medicine: she is a longstanding member of the MSMS Bioethics Committee, and active in the Washtenaw County Medical Society where she helped choose the layout and design for their office. With energy left over, and at the encouragement of friends and neighbors, **Cheryl** was elected to the Ypsilanti City Charter Commission. After helping to write a new city charter, **Cheryl** ran for and was elected as Mayor. During her 12 year tenure as Mayor, she supported the replacement of aging water mains and rebuilding of all city streets.

Cheryl is a Michigan native who loves swimming, sailing and cross-country skiing. **Cheryl** encourages others to 'get involved in organized medicine and in the community – it's enjoyable!'

Visit the Chapter website at

www.acpmichigan.org