



Governor's Corner

As this newsletter goes to press, the national debate on health care reform is reaching a fever pitch. We are all likely to be disappointed with any bill that emerges for President Obama to sign, either dismayed by the promise of too little in terms of real change, or by fears of too much regulation and cost. But do we really think the status quo is preferable to such disappointments? I for one wish to take action, to start this process of fixing our broken system of health care delivery and financing, and then to keep working to get it right. The challenges in terms of access, quality and cost will not magically disappear with a health care reform bill. Getting it right will require time, honest debate and likely further compromise. And all this will take place within a system where special interests outmuscle the majority and where a national media falls far short in terms of depth and integrity. I hope we internists can dedicate ourselves to continued action at the community and system levels, to inform, to challenge, to creatively propose change, to be willing to try uncertain new actions. We have knowledge and experience that will be needed by our patients and our country. But now is the time to come together for action, imperfect as it likely may be.

I am proud of the accomplishments of our Chapter over the period of my governorship. We have instituted a cycle of rotating our annual meeting across the state, and have made changes to that meeting to make it attractive and workable not only to our learners and educators, but to the practicing internists in our communities. We have created a venue for discussion of practice-related issues, and a system to link our ideas about practice with advocacy systems at the state and national levels. We have made vigorous linkages with the student interest groups at our medical schools and have expanded our support of student attendance at our annual meeting. We have involved our learners in the annual ACP Leadership Day by providing travel stipends to Washington. And we have begun a new sub-council for Young Physicians with plans to address their special needs. There is an abundance of dedication, energy and fellowship in our Chapter. I thank you all for the opportunity to serve as your Governor, and for your involvement in and contributions to our Chapter, one of the best in the nation. I would like to offer a special thanks to **Marty Muth** for her very capable administrative support of our chapter these past four years. And, starting next April, I will join you all in supporting the efforts of our next Governor, **Carl Lauter, MD, FACP**. Let's keep up the good work!

Sincerely,

Ruth

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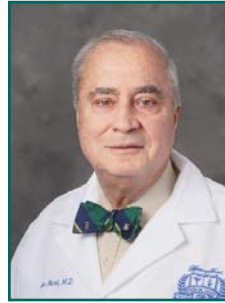
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Please remember to visit the chapter website at
www.acpmichigan.org

CONGRATULATIONS TO OUR NEW MASTERS



Dr. Yoder



Dr. Rival

We are delighted to announce that our Chapter has two new masters, an award bestowed upon select Fellows in recognition of exceedingly stellar career accomplishments and service to the College. **Ernie Yoder, MD, FACP** and **Jan Rival, MD, FACP** our past Governors and longtime supporters of the ACP and the Michigan Chapter have been selected, joining 23 other Michigan internists since 1930 who have been selected. Ernie and Jan will sit on the stage at the national meeting in Toronto in April, 2010 and at that point will add MACP to their name. Congratulations Ernie and Jan, and thank you for all your service to our Chapter!

MANREET KANWAR WINS THE NATIONAL JOSEPH E. JOHNSON LEADERSHIP AWARD

Dr. Manreet Kanwar has been selected for the 2010 Joseph E. Johnson Leadership Award, a competitive and distinguished award given to the nation's top Associate ACP member who has demonstrated qualities that foster excellence and professionalism in the practice of medicine. Manreet completed her residency in Internal Medicine in 2007 at St. John Hospital in Detroit and is currently a fellow in cardiology at St. John's. She was selected as St. John Hospital's "Resident of the Year" and her research endeavors have been presented nationally and internationally. One study garnered her the Kass Award for Outstanding Research at the International Infectious Disease Society of America, and a publication in *Chest* last year. Her volunteerism efforts have established support for young women in Punjab, India to develop skills to assure job opportunities, and a partnership with Henry Ford Hospital to collect medical books and journals for shipment to third world countries.

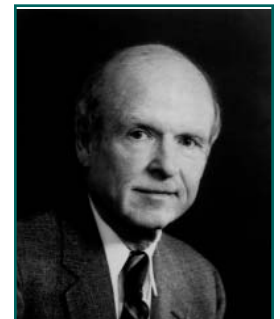


Louis Saravolatz, MD, MACP, Chief of Internal Medicine at St. John Hospital says this about Dr. Kanwar: "*Manreet is an extraordinary young physician who I think is very deserving of this recognition. I have met few individuals who have had such a great impact on healthcare at such an early point in her career. With these exceptional qualities, including passion for quality and compassion for humanity, I think Dr Kanwar is a worthy recipient of the Joe Johnson Award from the College.*"

Congratulations Dr. Kanwar!

IN MEMORIAM

We mourn the passing of **Raymond H. Murray, MD, MACP** who died suddenly in October at his home in Lansing. Ray served as Governor of the Michigan Chapter from 1994-1998 and became a Master in the College in 2000. He graduated from the University of Notre Dame, followed by medical school at Harvard Medical School. He trained as a cardiologist and was in private practice in Grand Rapids for seven years. He left private practice to pursue an avid interest, aerospace medicine, serving as a research scientist at Wright Patterson Air Force Base for Indiana University Medical School, fol-



lowed by a leadership role as Chair of Medicine at Michigan State University College of Human Medicine, where he served until his retirement. Ray is remembered by his many colleagues and friends as a consummate gentleman, a person of integrity, a warm-hearted and humble man, and a gracious professional who always sought what is best for his patients. There are many in our chapter whose careers and lives were touched by Ray Murray, someone who always had time for supportive words for his colleagues. As of the writing of this newsletter, a memorial service is being planned. Those wishing to make contributions in memory of Dr. Ray Murray may send them to the [Charlevoix County Community Foundation, P.O. Box 718, East Jordan MI 49727 for the Benefit of Beaver Island](#), or to the [Lansing City Rescue Mission, 607 E. Michigan Avenue, Lansing, MI 48912](#). We are thinking through the idea of acknowledging in some way Ray's importance and significance to our Chapter.

WE RETURNED TO TRAVERSE CITY FOR MI INTERNAL MEDICINE '09

This past September our annual meeting this year cycled back to Traverse City and the Grand Traverse Resort, completing the recently-established rotation to the west and east sides of the state, followed by 'up north'. Over 400 participants registered, including 56 medical students, 182 Associates, and 150 Members, Masters and Fellows plus some non-members and guests. Numbers in each category are up from recent years and many participants commented on the exceptional quality of the programs and presentations.

As one participant put it, "*Excellent balance of clinical updates, advocacy and SEP.*"

Kudos to Program Chairman **Scott Kaatz, MD, FACP** and **Anna Lukowski, MD** and others on the Program Committee (**Drs. Mike Barnes, Paul Grant, Martha Gray, Walid Harb, Raymond Hilu, Sean Kesterson, Mary Nettleman, Nicole Rocco** and **John Sheagren**) for their hard work in creating such a successful meeting. **Next year we will return to Kalamazoo at the Radisson Hotel September 30-October 2, 2010. SAVE THE DATE!**

Our most popular session at Michigan Internal Medicine '09 was again the "*Thieves' Market*" conducted by **David Scrase, MD, FACP** who returned to Michigan from his home in New Mexico for the meeting. David has been recruited to serve again next year, and he reminds us that he needs good cases to keep this popular program going. Send your ideas to him at dscrase2@phs.org

WHAT'S UP With PRI-MED?

By Carl Lauter, MD, FACP, Governor-Elect

One of the several new items that I was introduced to as your Governor-Elect at my first official Board of Governors (BOG) meeting in April was PRI-MED ACCESS with ACP. Pri-Med Institute is a commercial entity, accredited by the ACCME to provide continuing education for physicians, and has a successful track record in providing quality CME conferences to primary care physicians throughout the United States. In the past, Pri-Med courses did not charge a registration fee and did provide breakfast and lunches.

The ACP has developed an affiliation agreement with Pri-Med to provide ACP quality programming. Dr. Steve Weinberger from ACP heads an education committee that will guide Pri-Med in the choices of topics and ACP approved speakers. The ACP hopes to open up access to a large number of primary care physicians who may or may not be ACP members or Fellows through this affiliation. One stated goal would be retention and/or recruitment of members to the ACP.

At the April BOG meeting in Philadelphia, a number of questions and concerns were voiced by the Governors, with particular emphasis on potential loss of control of the Chapters' education programming to a commercial entity. Reservations remain, but many concerns have been resolved. Pri-Med has sponsored courses in the Detroit area in Michigan in the past, but unrelated and independent from the current affiliation with the ACP.

Because of possible benefits as well as conflicts with our own Michigan ACP educational programs, **Dr. Ruth Hoppe** appointed a Pri-Med Task Force under the Chairmanship of **Dr. Raymond Hilu**. There have been two teleconferences, the latter with representatives from Pri-Med. A report of Ray's committee was presented at our Council Meeting on Sunday, November 8, 2009 in Brighton. It was decided that our Program Committee would plan a coordinated meeting with Pri-Med for our fall 2011 meeting, scheduled for the Detroit area. More details will follow.

DO YOU NEED TO RECERTIFY? INTEREST IN ABIM SEP MODULES FOR MOC CONTINUES TO GROW

At our meeting in Traverse City, we again conducted Self Evaluation Modules (SEP) developed by the American Board of Internal Medicine (ABIM). This year we embedded two 10-point modules into our meeting rather than schedule a separate pre-course. **Drs. David Cooke, Sarah Hartley, Satyen Nichani** and **Jeffrey Rohde** from the University of Michigan conducted one update in IM-Hospital Medicine, organized and moderated by **Paul Grant, MD, FACP**. A second SEP Update in Office-Based Internal Medicine was conducted by **Drs. Reynard Bouknight, Mimi Emig, Heather Laird-Fick** and **Mark Spoolstra** of Michigan State University, moderated by **Mary Nettleman, MD, MACP** with **John Sheagren, MD, MACP** assisting in an organizing role. The modules had over 50 participants respectively, with about half of the participants receiving points toward ABIM Maintenance of Certification (MOC).

WANT TO JOIN DISCUSSIONS ABOUT PRACTICE AND POLICIES AFFECTING PRACTICE?

Laura Caravallah, MD, FACP and **John Maurer, MD** serve as leaders of our Chapter's Advocacy Task Force. This group conducts discussions during our annual meeting and periodically throughout the year, usually by telephone as well as virtually on the FORUM at our web site (www.acpmichigan.org). Such discussions address issues having to do with practice organization and delivery, as well as with policies that affect the world of the practicing internist. Advocacy links to the Michigan State Medical Society and to the national ACP are made, primarily through the resolution process. This fall four such resolutions were forwarded from our chapter, one recommending a new policy that would hold internists harmless for referring elderly or other at-risk automobile drivers for evaluation. Consider coming to Kalamazoo next fall and participate in the Task Force's activities there. And join the FORUM on our web site – contact **Marty Muth** (muthm@msu.edu) for assistance in getting started.

MICHIGAN INTERNISTS ARE HONORED IN TRAVERSE CITY



Drs. Hoppe, Upton, Sheagren and Gray

Three leaders in Michigan internal medicine were given the ACP Laureate Award this year, bestowed at the September meeting in Traverse City. These included **Martha Gray, MD, FACP, John Sheagren, MD, MACP** and **Catherine A. Upton, MD, FACP**. The Laureate Award honors fellows or masters of the colleges who have demonstrated an abiding commitment to excellence in medical care, research and medical education along with service to their community and to the ACP. Dr. Sheagren has the distinction of having won Laureate Awards in two states (Michigan and Illinois). **Ananda Prasad, MD, MACP** was given a Lifetime Achievement Award for his outstanding service to science and his contribu-

tions to the ACP. **Carol A. Kauffman, MD, FACP** was named one of the Michigan Chapter's Great Internists of the Past becoming the 10th Michigan internist, and first woman, so named. **Jack R. Ebright, MD, FACP** was given the Chapter's Volunteerism and Community Service Award for his voluntary service to indigent populations in Oklahoma, to the Covenant Community Clinic in Detroit, and his work as a volunteer consultant in Zaire. **Ruth Hoppe** recognized **Ray Hilu, MD, FACP** and **Sandor Shoichet, MD, FACP** with a Governor's Award for their service to the Michigan ACP, as well as to **Marty Muth** for her outstanding support of the Michigan Chapter for the past four years.

IS THERE AN OUTSTANDING INTERNIST IN YOUR COMMUNITY WHO DESERVES RECOGNITION?

We have many wonderful internists in Michigan who are deserving of recognition, either by the Chapter or at the national ACP level and we need to identify them. The Awards Committee for the Michigan Chapter for 2009-10 is being chaired by past-Governor **Ernie Yoder, MD, FACP** and includes **Larry Feenstra, MD, FACP, Ruth Hoppe, MD, FACP, Jan Rival, MD, FACP, Louis Saravolatz, MD, FACP, Richard H. Wakulat, MD, FACP, Michael Zaroukian, MD, PhD, FACP** and **Ved Gossain, MD, FACP**. Send your ideas to these folks or simply contact **Marty Muth** at muthm@msu.edu.

ASSOCIATES MAKE AN IMPRESSIVE MARK AT TRAVERSE CITY MEETING

The Traverse City meeting again saw many poster and oral abstracts submitted by our strong programs in Internal Medicine and Med-Peds. The winners were:

Research

Oliver Dimitrijevic, St. John Hospital, 1st place oral

Mohammad Zaidan, Henry Ford Hospital, 2nd place oral

Kavitha Bagadi, McLaren Medical Center, 3rd place oral

Anacleto Diaz, St John Hospital, 1st place poster

Maguy Chiha, Henry Ford Hospital, 2nd place poster

Clinical Vignettes

Santhosshi Narayanana, Michigan State University, 1st place oral

Jawad Sheqwara, Henry Ford Hospital, 2nd place oral

Palaniappan Manickam, Wayne State – DMC, 3rd place oral

Abhinav Khanna, St. Joseph Mercy Ann Arbor, 1st place poster

Abhijit Saste, Sinai Grace Hospital-Detroit Medical Center, 2nd place poster

Chaitanya Musham, Kalamazoo Center for Medical Studies, 3rd place poster

CQI/EBM

Girish Kolpuru, St. Joseph Mercy – Oakland, Winner oral

Rohit Bishnoi, McLaren Medical Center, Winner poster

On Friday evening five Michigan residency programs competed in the Doctor's Dilemma finals, organized again by **Dileep Kumar, MD, FACP**. Participating programs included teams from Henry Ford Hospital, Michigan State University-East Lansing, Sinai Grace Hospital, Hurley Medical Center and Wayne State University-DMC. This year the team from Sinai Grace Hospital took away the honors. **Drs. Rabbani, Olobatoke** and **Saste** will represent the Michigan Chapter at the National Doctor's Dilemma Finals at Internal Medicine '10 in Toronto next April.

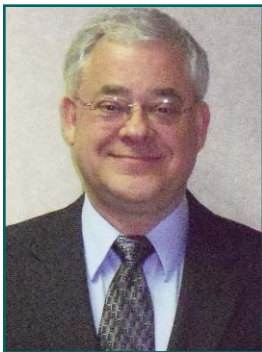
MEDICAL STUDENTS ALSO SHINE AT SEPTEMBER MEETING

We were delighted to host over 56 medical students representing all of the state's medical schools, including the MSU College of Osteopathic Medicine. Students again presented posters and oral abstracts. Several oral abstracts were presented and over 10 posters were entered and judged. **Tara Reddy** from Wayne State University School of Medicine received a "Certificate of Merit" for her poster. The students were extremely complimentary about the program organized by **Nelia Afonso, MD, FACP** and her committee members (**Drs. Churlson Han, Sarah Hartley, Ruth Hoppe, Mark Loehrke, Lynda Misra, Staci Valley**, and students **Sadie Bush, Christine Sam, Eunice Yu** and **Harpreet Wadhwa**). We have selected some of these presentations for posting on our web site over the next several months. Please go to www.acpmichigan.org and check these out. We have some very special students in our midst!

NEW GOVERNOR'S COUNCIL MEMBERS

Each year a third of the representatives to the Governor's Council have their terms expire and an election is held to fill these seats. New Council members include **Mary Beth Bolton, MD, FACP** from Detroit and **Amit Ghose, MD** from Lansing. Four Council members were re-elected for another term: **Drs. Sandor Shoichet, Elizabeth Warner, Mark Loehrke** and **John Maurer**. If you are interested in running for a seat on the Governor's Council or know someone who would, please contact **Marty Muth** (muthm@msu.edu).

MEET MICHIGAN INTERNISTS



James Edward Clinton, DO

Dr. Clinton was born and raised in Detroit, where he attended school and college at Mercy College of Detroit, followed by medical school at the Michigan State University College of Osteopathic Medicine. He did residency training in internal medicine at St. John Oakland Hospital, Bi-County Hospital and Wayne State University-DMC in the mid-80's. Dr. Clinton owns and operates a busy comprehensive internal medicine practice in Sterling Heights, Michigan and has privileges at Mount Clemens Regional Medical Center, William Beaumont Hospital Troy, and St. Johns Hospitals. Dr. Clinton practices with his wife **Denise** who is a Certified Family Nurse Practitioner. In his free time, Jim enjoys sailing, walleye fishing, and spending time with his family: his wife, three sons and their spouses, and a new granddaughter, **Anna Rose**



Michael Barnes, MD, FACP

Mike grew up in Clarkston, Michigan where he still resides. He completed college at Michigan State University, and medical school at Wayne State University School of Medicine. He completed residency in Internal Medicine at Beaumont, followed by a year as Chief Resident at the same institution. Following residency he joined the faculty at Beaumont and was named Program Director for the Internal Medicine Residency in 2004. Mike enjoys photography and running, and helping his wife, **Kate**, who is a cardiology nurse practitioner, raise their two sons, **Aidan** (3) and **Ryan** (2).

SAVE THE DATES

Internal Medicine 2010

April 21-24, 2010, Toronto, Canada

(Michigan reception is on Thursday evening, April 22 – please join us!)

Michigan Chapter Associates Meeting

May 14, 2010

sponsored by St. Joseph Mercy Oakland to be held at Marriott Centerpoint in Pontiac

Michigan Internal Medicine 2010, Michigan ACP Annual Meeting

September 30-October 2, 2010 to be held at Radisson Plaza Hotel in Kalamazoo

STRENGTHEN OUR CHAPTER THROUGH RECRUITMENT

Help strengthen the voice of internal medicine - recommend ACP Membership to your colleagues!

The need for a strong voice to speak on behalf of medicine and, in particular, internal medicine has never been greater than it is today. It is critically important that we unify to address the specific needs of our medical specialty. There are advocacy efforts to champion, practice management issues to simplify, and a time-honored profession to foster. There is strength in numbers. Together, we can change the direction of internal medicine.

Ask your colleagues to join ACP today. To thank you for your time and effort, we offer the following recruitment program. Between April 1, 2009 and March 31, 2010:

- Recruit one colleague and receive a \$100 credit toward your 2010-11 annual dues.
- Recruit two colleagues and receive an additional \$100 credit toward your 2010-11 annual dues.
- Recruit three colleagues and enjoy free annual dues in 2010-11.